

Dr. Lhakpa Dolma

Dr. Lhakpa Dolma was born and raised in Maharashtra, India. She completed her senior secondary education from a Tibetan school in 2005. From her early age, she developed interest in the study of traditional Tibetan medicine and went on to pursue the study of Tibetan medicine from Men-Tsee-Khang Tibetan medical and Astro Institute. After completion of five years of formal training and one year internship, she was awarded the Ka-chu-pa degree equivalent to Bachelors in Sowa-Rigpa Medicine and Surgery, in 2013.

She has been practicing medicine for the last 12 years, having served at Dharamshala, Delhi and Nagpur branch clinic of Men-Tsee-Khang

She has experience in treating chronic conditions.

She further received training in acupuncture. She also participated in various lectures, seminars, and workshops conducted by Men-tsee-Khang.



Dr. Passang Dolma

Dr. Passang Dolma is a dedicated practitioner of Traditional Tibetan Medicine with over a decade long experience in clinical care. She was born in Bylakuppe Tibetan Settlement in South India. After completing her primary and secondary education, she pursued traditional Tibetan medicine for five years. She was awarded Ka-Chu-Pa degree equivalent to Bachelors in Sowa-Rigpa Medicine and Surgery in 2012. She also received two months intensive training in acupuncture practice.

Currently, she is serving at Bylakuppe branch clinic of Men Tsee Khang.

Previously, she served at Salugara branch clinic (2013-2016), Secunderabad branch clinic (2016-2020).

Dr. Dolma has a notable experience in treating various conditions such as, digestive disorder, chronic gastritis, irritable bowel syndrome, neurological disorders, depression, anxiety etc.

She attended several health awareness programs, campaigns, workshops and conferences conducted by Men Tsee Khang and Central council of Tibetan Medicine.



## TASP TENZIN LHAMO

Tenzin Lhamo was born on 14<sup>th</sup> April, 1982 in Sikkim. She completed her primary and secondary education from Kalimpong in 2003. Thereafter, she pursued traditional Tibetan astronomy and astrology from Men-Tsee-Khang College and graduated with Kachupa degree (Bachelors in Tibetan Astrology), in 2003.

She also studied Buddhist philosophy for three months.

She was rewarded with Tsi-rampa degree (masters in Tibetan astrology) in 2020.

She had casted hundreds of detailed horoscope and other astrology calculations such as yearly predictions, compatibility charts, both in English and Tibetan.

She prepared the annual Tibetan almanac of year 2017.

She also participated in various exhibitions, appeared on local TV channels for astrological readings and predictions. She frequented multiple cities in India as a part of outreach programes and delivers speeches and conducted oral astrology consultations.

She visited London and Scotland in 2014 and conducted workshops and presentations and carried numerous astrology consultations. She also visited South Africa in 2018 and gave series of lectures on Tibetan Astro-science and entertains oral consultation in University of Witwatersrand and New Acropolis Centre. In 2002, she visited South America and performed oral consultation and gave lecture in University of Argentina and hospital Sirio-Libanes in Sao Paulo, Brazil.

Currently, she is serving as a Tibetan Astro-science practitioner in our Bylakuppe branch clinic.



## TENZIN NORLHA

Mrs. Tenzin Norlha completed her schooling from Upper Tibetan Children Village (TCV) School, Dharamshala. She did her Bachelor of Science in Botany from Madras Christian College, Madras University, Chennai and M. Sc in Nutrition and Food Science from Kookmin University, Seoul, South Korea.

She has participated in Arogya international, the World Ayurveda Congress & Arogya Expo and delivered lectures at the Sowa-Rigpa Research Symposium, Central Institute of Higher Tibetan Studies (2019). She took part in multiple outreach tours and spoke on "Quality Control and Management" of herbal medicine.

Currently, she is serving as the head of the quality control department and high altitude Medicinal Plant Cultivation of Men-Tsee-Khang. She is also one of the active members of Quality Assurance Committee of Men-Tsee-Khang.